TRACE SECONDHAND SMOKE AS IT TRAVELS THROUGH YOUR BODY

Ask your parent how the smoke affects each of these:

1. BRAIN
2. EARS
3. LUNGS

DRAW YOUR FAMILY IN THE SMOKE FREE HOUSE AND CAR

Find the following words in the puzzle

BREATHE
CLEAN
HEALTHY
HARM
PROTECT
SMOKE FREE
NICOTINE

H	T	S	M	O	K	E	F	R	E	E	G
E	X	R	B	M	W	O	N	H	S	Y	H
A	V	C	P	O	I	S	O	N	Q	Q	E
L	W	P	R	O	T	E	C	T	N	H	S
T	C	N	B	R	E	A	T	H	E	A	Z
H	S	V	N	U	S	T	F	E	J	R	I
Y	R	N	I	C	O	T	I	N	E	M	V
C	T	C	L	E	A	N	F	W	S	W	Z

NEW MEXICO
DEPARTMENT OF
HEALTH

For free help quitting tobacco call:
1-800-QUIT-NOW
(1-800-784-8669) | TTY: 1-877-777-6534
Services provided by the New Mexico Department of Health