ARE YOU DOING ENOUGH NM?

Keeping homes and cars smoke-free for kids.

PROTECT YOUR CHILD
TAKE THE PLEDGE

Smoke Free Home and Car Pledge

I, _____,

pledge to protect children from secondhand smoke by making my home and car smoke free. There is no safe amount of secondhand smoke.

Date: _____/_____/_____

For more information about maintaining smoke free homes and cars go to:

AreYouDoingEnoughNM.com

Source:
The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General, 2006
The Health Consequences of Smoking 50 Years of Progress: A Report of the Surgeon General, 2014

NEW MEXICO DEPARTMENT OF HEALTH