



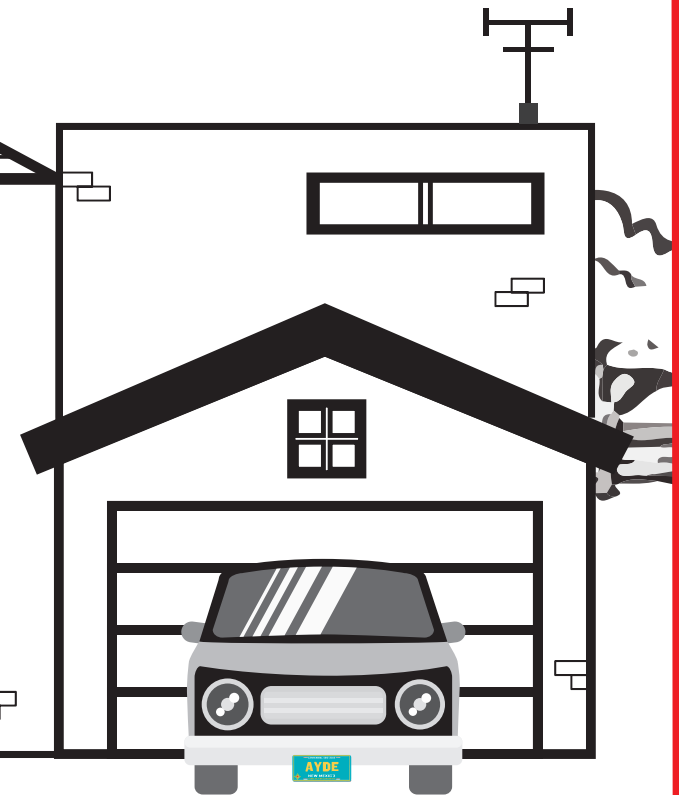
Keeping homes and cars smoke-free for kids.

# PROTECT YOUR CHILD TAKE THE PLEDGE

## Smoke-Free Home and Car Pledge

I, \_\_\_\_\_,  
pledge to protect children from  
secondhand smoke by making my  
home and car smoke-free. There is no  
safe amount of secondhand smoke.

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



For more information about maintaining smoke-free homes and cars go to:

[AreYouDoingEnoughNM.com](http://AreYouDoingEnoughNM.com)

Source:  
The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General, 2006  
The Health Consequences of Smoking 50 Years of Progress: A Report of the Surgeon General, 2014

